



April

2022

In Season Artichoke

One serving of artichokes provides greater antioxidant benefits per serving than many other foods traditionally considered to be antioxidant-rich.

They also provide 10.3 grams of dietary fiber, which can improve your overall digestive health.



Monday

Tuesday

Wednesday

Thursday

Friday

Cheesy Italian Pull Apart
Fruit, Veggies
Milk **1**

Popcorn Chicken Bread Sticks
Fruit, Veggies
Milk **4**

Chicken Burger
Potato Wedge
Fruit, Veggies,
Milk **5**

Teriyaki Chicken
w/Brown Rice
Fruit, Veggies
Milk **6**

Cheese Pizza
Pepperoni Pizza
Fruit, Veggies
Milk **7**

Cheesy Southwest Pull Apart
Fruit, Veggies
Milk **8**

SPRING BREAK **11**

SPRING BREAK **12**

SPRING BREAK **13**

SPRING BREAK **14**

SPRING BREAK **15**

Corn dog
Sun Chips
Fruit, Veggies
Milk **18**

Hamburger
Tater Tots
Fruit, Veggies
Milk **19**

Corn dog
Fruit, Veggies
Milk **20**

Cheese Pizza
Pepperoni Pizza
Fruit, Veggies
Milk **21**

Cheesy Southwest Pull Apart
Fruit, Veggies
Milk **22**

Chicken Strips
Breadsticks
Fruit, Veggies
Milk **25**

Meaty Nachos
Salsa
Fruit, Veggies
Milk **26**

Orange Chicken W/
Brown Rice
Fruit, **27**

Cheese Pizza
Pepperoni Pizza
Fruit, Veggies
Milk **28**

Ham & Cheese Rippers
Fruit, Veggies
Milk **29**

Announcements

Elementary lunch menu

Daily Milk Options
1% White Milk
Milk with fat-free chocolate

Additional daily lunch options:

Pb Jammers and Mozzarella
Cheese Sticks
Taco Salad

Meal Prices

1 breakfast and 1 lunch are free for all students enrolled in the Riverview School District

A la carte milk \$.50